

Rouge

BEAUTY SALON

Established in 2001

*Anna and Rachael would like to welcome
all clients to their warm and friendly salon.*

*Using only the best quality products, their highly trained and
friendly staff offer the highest standards in beauty therapy.*

Gift vouchers make a perfect gift for friends, girlfriends, gentlemen, wives
and of course mummy's too. A postal service is available sending out a voucher or gift
at the chosen time, packaged together with a card and your personal message.

We really do appreciate 24 hours' notice of cancellation
of any appointment or a charge may be incurred.

All major credit cards accepted and can be taken as payment over the telephone.

www.rougebeautysalon.co.uk

Elemis

Launched in 1990, Elemis is a leading luxury British spa and skincare brand. The carefully crafted relationship between naturally active ingredients and scientific advances allows Elemis to create multi active formulations to ensure maximum therapeutic experience.

Pro-Collagen Definition Lift Facial £60.00

Powerful lifting techniques target sagging jowl, cheeks and chin, whilst helping to reduce the puffiness and fluid retention associated with sagging skin along the jawline. The facial contours instantly appear shaped, lifted and firmed. From independent consumer tests, the NEW Pro-Intense Lift Effect Facial delivered impressive results.

- 96% stated that their facial contours appeared firmed, lifted and shaped
- 96% stated that their sagging jowls appeared less noticeable
- 88% stated that it was the most effective firming and lifting facial that they have ever had
- 82% stated that they would delay facial surgery and/or Botox following a course of facials.

Independent consumer test results based on 49 subjects. July 2013

Dynamic Resurfacing Precision Peel £60.00

Clinically proven: after just one treatment up to 75% resurfacing & up to 32% increased skin smoothness. Unprecedented results never seen before from just one facial. Skins biological exfoliation process is increased by up to 75% after just one treatment. Results reveal clean, smooth and radiant skin, bringing a renewed level of evenness and clarity to the complexion.

Pro-Collagen Age Defy Facial – for lines and wrinkles £60.00

Experience the ultimate in scientific skin therapy. An advanced anti-ageing facial, clinically proven to reduce the number of wrinkles by 94% and improve skin firmness by 57% after just one treatment. This anti-ageing face and eye treatment helps to protect against the signs of ageing, reducing the appearance of fine lines and wrinkles on the face and restructuring the eye contour. Specialised lifting massage techniques are combined with Elemis anti-ageing products for maximum treatment efficiency.

Superfood Facial £58

Energise and detoxify stressed, dull skin with a nutritional superfood boost. Leaves skin plumper, radiant and lit up with good health.

Sensitive Skin Soothing Facial £52

This face and eye treatment is pure soothing heaven for sensitive skin. Gentle massage techniques combined with anti-inflammatory actives and a restructuring Japanese Silk Mask help to rebalance delicate, fragile and sensitive skin. Reduces redness and offers immediate comfort to stressed skin. This superior treatment is further enhanced by a luxurious hand and arm massage and de-stress scalp treatment for the ultimate in advanced skin therapy.

Anti-Blemish Mattify & Calm Facial – for oily, problem, acne, hormonal skin £52

This powerful purifying face and eye treatment helps to absorb excess sebum, regulate and balance the function of the skin, whilst helping to repair scarring. Purifying massage techniques combined with the unique Japanese Sulphur Mask, impregnated with Vita-C Booster Serum, help to calm irritated skin and rebalance oil-rich pores, leaving beautiful matt skin. The superior treatment is further enhanced by a luxurious hand and arm massage and de-stress scalp treatment for the ultimate in advanced skin-therapy.

Peptide 24/7 Facial

To target tired skin with this radiance restoring peptide 24/7 facial. Powerful botanical formulations exclusive to Elemis are combined with specialised massage techniques to replenish skin with a well-rested glow.

Elemis Body Treatments

Deep Tissue Massage 30 minutes £34 90 minutes £59

Alleviate high stress levels, ease aching muscles and revive the senses with this powerful deep tissue massage. Dynamic blends of essential oils & level of pressure are customised to target individual needs. Helps relax, re-charge and re-energise whilst tension melts away.

Targeted Toning £69

Clinically proven specialist abdominal, hip, thigh drainage massage techniques help with colon cleansing and to smooth the appearance of cellulite, boosts circulation and reduce fluid retention. Skin is firmer and smoother to touch. A course of treatments is recommended, clinically proven.

Face and Body Sensation £69

The perfect duo. When time is of the essence a sensational massage, combined with an anti-ageing booster facial. Choose from the re-energiser, ice cool thermal massage, or the tranquillity thermal soothing massage, whilst your facial helps smooth wrinkles and restores a youthful radiance.

Massage

A carefully selected blend of oils to de-stress, calm and soothe.

Full body massage **£43**

Back, neck and shoulder **£25.50**

Front and back of legs **£27**

Hopi-Ear Treatment

A relaxing treatment to soothe and help eliminate problems associated with tinnitus, sinus problems as well as ear, nose and throat issues. **£25**

Top to Toe Treats

Stone Therapy Back Massage £28 Full Body £45

Indulge yourself in the luxurious feeling of relaxation. One stroke with a heated stone is equivalent to five with the hand. Muscles are left soothed and relaxed.

Indian Head Massage £25.50

A relaxing and revitalising massage technique applies to the back, neck, shoulder, scalp and face.

Self-Tanning Treatments

St Tropez – Includes a full face and body exfoliation, followed by a hand application of St Tropez original tan.

1st Application **£40**

2nd Application **£10**

Fake Bake gives an instant sun kissed colour and develops into a long lasting sunless tan.

Fake Bake spray tan **£20**

Fake Bake gold **£22**

Decleor Body Scrub Treatment

Exfoliating top to toe body treatment to eliminate dead skin cells, helps smooth skins roughness and refine the skins texture. **£42**



Decleor - the experts in Aromatherapy

Decleors holistic facials are famous for their heavenly feel and deliver stunning results. The use of expert massage techniques and 100% pure preservative free essential oils address the demands of every skin type leaving your skin glowing with health.

Vita eyes 30mins £32

Ultimate vitamin glow £54

Moisture Quench £46

Pure and Matt £46

Divine Nutrition £46

Hormonie Calm £46

Facial Yoga Lift £64

Facial Pilates £64

Radiant Mum To Be £72

New Mum Indulgent Treat £72

Environ Treatments

Dr Des Fernades, renowned South African Plastic Surgeon has developed ENVIRON, a range of treatments and homecare products. Through his years of working treating acne, scarring, pigmentation and photo ageing he has discovered the key to solving skin problems by topically delivering high concentrations of active vitamins A and anti-oxidants C, E & Beta Carotene.

The 20th Century environment constantly diminishes our skin's Vitamin A resources; which, says Dr Fernandes, is the root cause of many skin problems. Vitamin A is destroyed by any form of light and exposure, and in order to treat, restore and maintain a healthy skin, we need to replace these vitamins daily. With salon treatments, more intense results are achieved. Courses of treatments are recommended.

Active Vitamin Treatment £69

Packed with nourishing, anti-ageing ingredients, the Active Vitamin Treatment will leave your skin looking radiant and dewy. The freshest, most active forms of Vitamin A, C and Anti-Oxidants are driven deep into the lower layers of the skin using soundwaves and small electrical pulses. This scientific approach stimulates Collagen to soften lines and improve elasticity, increase hydration and boost radiance. The Active Vitamin Treatment is suitable for all skin types and is particularly effective at addressing sun-damage, pigmentation, premature ageing, dryness, uneven skin tone and scarring with measurable differences after just one session.

The Frown Treatment £60

This highly effective treatment uses a special penta-peptide serum to target frown lines and achieve dramatic results. The unique combination of active ingredients is driven deep into the skin to soften lines and reduce muscle tension in the forehead helping to prevent new lines forming. The treatment targets the same chemical complexes as injectables without the associated risks.

Hydra Boost Treatment £65

The perfect antidote to dry, lacklustre skin, this intensive treatment deeply hydrates while plumping and firming the skin. Based on Hyaluronic Acid, which holds 1000 times its own weight in water, it helps to reduce fine lines caused by dehydration and increase the plumpness of the dermis, resulting in moisturised, glowing skin.

Alumier MD Professional Peels

Alumier MD Peel Treatments are the next generation of clinical exfoliation. With a variety of peels each with a unique complex of ingredients, your Alumier MD professional can customise your program of treatments to target your specific skin concerns, whether it be ageing, pigmentation or acne. This unique experience includes an exfoliating peel treatment, brightening enhancement followed by prescriptive targeted serums which reveal a more radiant, soft and luminous skin.

All the following peels priced at **£80**

A course of treatments is recommended for optimum results **Course of 7 £485.00**

Following a consultation your therapist will tailor, make your Alumier MD peel to your specific concerns using a blend of the following.

Vit A Boost

Detox clear

Glowpeel Radiant 30

Radiant 20/10

Enzyme retetextuning



Nail Treatments

Jessica

The natural nail company has stayed at the forefront with a range of products that are bigger, wider and better than any other company supplying natural nail care products to this industry.

Jessica Express Manicure – for the person when time is of the essence **£21**

Jessica Prescriptive Manicure **£23**

Nails are not all alike. This treatment manicure analyses and treats each nail for its specific nail type. The cuticles are cared for with oils and creams, the nail shape is perfected and finally treatment basecoats and colour are applied for the perfect finish until your next visit.

Jessica Zen Spa Pedicure **£27**

A luxury foot and leg treatment using an aromatherapy system of pure botanicals that nourishes mind, body and soul. Refreshes and revives feet. Transforms them from tired to inspired.

Express pedicure – for the person when time is of the essence **£25**

Re-varnish (*hands or feet*) **£13.50**

The nail shape is tidied and a nail colour of your choice is applied.

Geleration

Created with the nurture of your natural nail in mind, Geleration protects your nails while offering weak, bitten or problem nails the opportunity to grow underneath the gel.

Geleration/Artistic Gel

Nail polish that lasts up to 14 days. File and application of gel (fingers or toes) **£23**

Manicure including gel application **£30.50**

Pedicure including gel application **£37**

Removal of gel and file of nails **£8.50**

Paraffin Wax Treatment

Ideal for dry or extreme skin conditions. Has a soothing and warming effect and aids absorption of creams and oils into the skin. Extremely effective for arthritic conditions.

Hands **£10**

Feet **£10**

Back **£13**

Waxing

A semi-permanent method of removing unwanted hair using only the best natural tea tree products.

Hair should be quarter of an inch in length.

Full leg and bikini wax **£32**

Full leg wax **£26**

Three quarter leg **£21.50**

Half leg wax **£19**

Under arm wax **£10.50**

Bikini wax **£13**

Brazilian wax **£28**

Hollywood **£29**

Full arm wax **£17**

Lip wax **£8.50**

Chin wax **£8.50**

Lip and chin wax **£15**

Face wax (lip, chin and sides) **£18**

Back wax **£23**

Lycon Wax

Lycon hot wax is a low temperature formula that shrink-wraps the hair and can remove hair as short as 1mm. The pre-waxing oil we apply before the wax creates a barrier between the skin and the wax.

This means the wax is not being pulled with the skin, making the treatment a lot less painful.

Eyebrows **£12.50**

Underarm **£14**

Lip **£10**
Chin **£10**
Brazilian **£35.00**
Hollywood **£36.00**

Threading

Threading is an ancient method of hair removal using 100% cotton. It is a gentle alternative to waxing, using no chemicals or heat on the skin.

Eyebrows **£11**
Lip **£10**
Chin **£10**
Lip & chin **£17**
Face **£20**

Ear Piercing

The Cafion blue system ensures that the procedure is both safe and quick and is approved by the Government Public Health Laboratory Service.

Ear piercing with gold plated studs **£26**

Electrolysis

Using a disposable sterile needle, electrolysis is a permanent method of removing unwanted hair.

A consultation is required before commencing the treatment.

15 minutes **£15**
30 minutes **£26**

Eye Treatments *(A patch test must be performed prior to first treatment)*

The following enhance and frame the eye area:

Eyelash tint **£13.50**

Eyebrow tint **£10**

Eyelash and eyebrow tint **£21**

Eyebrow shape **£11**

Party Lashes

(Great for that dramatic party look. Lasts 24 hours.)

Full set **£15**

Outer corners of eyes **£10**

Nouveau Lash System *(Semi permanent eyelash extensions)* Full set **£60**

These amazing new lash extensions are naturally curled, look gorgeous but also feel weightless on your eyes, being both flexible and crimp resistant. Once applied, Nouveau lashes are water resistant, meaning you can shower, swim, cry and sleep without worry. These lashes will enhance your natural beauty, increase confidence and are ideally suited for weddings, parties, holidays and special occasions as well as normal every day wear.

Infill lashes from £25 - £30

Russian Volume Lashes

for the lady who likes their lashes the bigger the better from **£68**

LVL Lashes – length, volume and lift **£48**

A stunning alternative to lash extensions. Enhance the natural lashes by tinting and curling to create the illusion of longer, thicker lashes and a more wide eye open look. Results last up to 6 weeks. Patch test required 24 hrs before treatment.



Male Grooming

Decleor Classic Facial £45

Skin is cleansed, toned and exfoliated, followed by a relaxing neck and shoulder massage. The treatment addresses all skin conditions, targets specific problems and soothes shaving bumps and irritation, leaving skin feeling refreshed, healthy and ultra-smooth. Murad facials also available.

Muscle Ease Body Massage £45

The intense regeneration massage eases stress-related knots and muscular tension. The calming aromatherapy oils and soothing aromatic vapours relieve over active stressed minds leaving you feeling refreshed and rebalanced.

Elemis £28

Reconditioning Back and Scalp Massage

The back is deep-cleansed, gently exfoliated and treated to a purifying mask, an intense back, neck and scalp massage eases stress, revives fatigued muscles and rejuvenates the body. Ideal for congested, blemish prone skin or for restoring harmony to mind and body.

(Gentlemen, we request shorts or trunks for body treatments)

Pro Collagen Age Defy Facial £55

This anti-ageing treatment is charged with the new clinically proven Time Defence Wrinkle Delay and Time Defence Eye Reviver for the ultimate skin overhaul with maximum results. Ideal to combat the harsh, ageing effects of daily shaving.

Anti-Blemish, Mattifying and Calm Facial £55

This super-grooming, deep cleansing facial works overtime to decongest and defend the skin. Active, therapeutic-grade products are used to cleanse stressed skin helping to eliminate blocked pores, naturalise impurities and helps to rapidly accelerate skin repair. Fast-acting ingredients reduce sensitivity and provide long-lasting defence against the damaging effects of daily pollutants, leaving the skin visibly clear and squeaky clean.

Microdermabrasion £40

Deep exfoliation, resulting in smooth refreshed skin, helps to eliminate in-growing hairs in the beard area.

Take Ten – Non surgical face lift £36**Manicure £22**

Maintenance for hands and nails, filing, cuticle work, exfoliation, massage and buffing.

Pedicure £25

Nail and cuticle work, hard skin removal, foot exfoliation and massage.

Waxing

Back Wax £23

Eyebrow Wax £10

Eyes

Eyelash Tint £13.50

CACI – award winning non-surgical face lift to the rich and famous

CACI Non-Surgical Face Lift £43

The CACI non-surgical face lift is an advanced, non-invasive facial, with twenty years research behind it. The treatment can deliver visible results without the need for surgery. Tiny electrical impulses will lift and tone the facial muscles, whilst improving skin elasticity and reducing the appearance of fine lines and wrinkles.

Hydratone facial £20

Hydratone uses an intensive, anti-ageing Hydromask that will instantly rehydrate, revitalise and plump the skin. Hydratone combines active microcurrent rollers which restore muscle tone, firmness and propel the ingredients deep into the skin. It has an immediate cooling effect that will soothe and calm any skin redness and irritation. Great for a special occasion, gives a fantastic result after just one treatment and is perfect for brides to be.

CACI Treatment including Hydrotone Mask £53

Jowl Lift £29

The CACI Jowl Lift has been developed to specifically target muscle laxity around the jawline. Using Quad probes specially designed to lift and firm the muscles and refine facial contours.

CACI Eye Revive £30

The Caci Eye Revive treatment uses serum filled Caci microcurrent roller together with a deeply nourishing Hydro eye mask to lift hooded eyelids and dark circles and soften the appearance of wrinkles around the eyes.

Ultimate Anti-Ageing CACI facial £92

The Ultimate Anti-ageing treatment is an advanced facial which focuses on all your anti-ageing concerns. The Ultimate procedure incorporates muscle lifting and toning, microdermabrasion, LED light therapy, plumping of fine lines and wrinkles and a hydrating gel mask to rejuvenate and brighten the skin.

Genie Complete

The complete slimming and toning system, like your own personal trainer

Take Ten

The most powerful non-surgical face lift machine on the market today. Due to this, each facial takes ten minutes and results are visible after the first session. It is the only system that rebuilds facial muscle mass thanks to the mediwave technology.

One treatment £36

Course of ten treatments and one maintenance £300

Special Occasion Pamper Packages

Mother to be Package £70

Jessica manicure, Jessica aroma spa pedicure, lash tint and back massage

Day of Luxury £170

Jessica prescriptive manicure

Jessica aroma spa pedicure

Eyebrow trim

Eyelash tint

Luxury Decleor facial

Decleor relaxing body massage

Make-up

Lunch and refreshments are provided

Bridal Package £160

Before the day

Make-up trial

Jessica prescriptive manicure

Jessica aroma spa pedicure

Eyebrow trim

Eyelash tint

Luxury Decleor facial

On the day – make-up and re-varnish

Make-up

**Rouge offers a wide selection of make-up ranges to suit each individual's needs.
Ranges include Jane Iredale.**

Express Make-Up £25

Ideal for a night out

Make-up Lesson £45

Learn and try different techniques for that special occasion.

Bridal Make-up

Includes make-up on the special day and trial before hand

*We can tailor make your wedding make-up package to either come out to your home or wedding venue.

Please call for a full consultation.*

Price on application

Rouge

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